3364-60-01 University of Toledo smoke-free and tobacco-free policy.

(A) Policy statement

In an effort to promote the highest levels of health and well-being, the university of Toledo "UT" campuses are tobacco-free.

(B) Purpose of policy

Tobacco-free policies benefit our campuses, including smokers and nonsmokers, by protecting all persons from unhealthy exposure to secondhand smoke and providing a supportive environment that helps tobacco users reduce or cease use of tobacco products.

(C) Scope

Except for expressly noted exceptions, this policy applies consistently to all faculty, staff, students, visitors, patients and contractors and applies to any buildings, arenas, venues, grounds or parking areas of UT:

- (1) Main campus,
- (2) Health science campus,
- (3) Scott park campus,
- (4) University of Toledo medical center "UTMC" clinical satellite locations,
- (5) Center for the visual arts,
- (6) Lake Erie center,
- (7) Stranahan arboretum.

(D) Practices

(1) Tobacco-cessation programs

Tobacco cessation resources are available to all UT students and employees. Students can access the UT tobacco free program through the UT counseling center at no cost (university counseling center: 419-530-2426, www.utoledo.edu/studentaffairs/counseling).

Employees can access tobacco cessation services at rocket wellness (419-383-2348) http://www.utoledo.edu/offices/rocketwellness/programs-services/tobacco-cessation.html.

Individuals should see their personal physician for a prescription for cessation aids. Prescription products may be covered by your health insurance plan, please see your plan formulary for more information.

Other programs offered free of charge in Ohio include:

- (a) www.smokefree.gov Different people need different resources to combat nicotine addiction.
 The information and professional assistance available on this web site can help to support both immediate and long-term needs to become and remain a smoke-free.
- (b) 1.800.quit.now (1.800.784.8669) or visit Ohio tobacco program online at https://ohio.quitlogix.org/en-US/. The Ohio tobacco quit line is a tobacco cessation resource available to all Ohioans free of charge. The quit line is designed for people who are ready to quit using tobacco, and people who want to make sure they have the support and motivation to stay tobacco-free. When you call and enroll, you're paired with an experienced quit specialist who will work with you to set a quit date and design a quit plan customized to your pattern of tobacco use.

(2) Signage and Sales

- (a) "Tobacco free" signs are posted in all appropriate locations, including but not limited to buildings, bus shelters, etc.
- (b) The university will not advertise tobacco products at university sponsored functions or on university owned, controlled or leased property.
- (c) The sale of tobacco products at university sponsored functions or on university owned, controlled or leased property is prohibited.

(3) Responsibilities and violation procedure

The success of this policy depends upon the thoughtfulness, considerations and cooperation of tobacco users and non-users. Leaders and those to whom this policy applies share the responsibility for adhering to and enforcing this policy.

- (a) When observing anyone violating the university tobacco free policy, individuals may approach the person and remind the violator the campus is a tobacco-free environment.
- (b) Concerns about tobacco use should be respectfully addressed in the moment whenever feasible.
- (c) Continued concerns should be referred to the appropriate unit for review and action. For faculty, staff and student employees, issues should be referred to the employing unit head. For students in the non-employment setting, issues should be referred to "Student Conduct." For volunteers

and visitors, issues should be referred to the hosting unit head.

(d) Habitual violators may be subject to progressive discipline.

Anyone with a concern regarding violations of this policy is encouraged to call the university hotline 419.530.smok (7665) or email atodprevention@utoledo.edu.

(4) Tobacco-free policy exceptions:

This policy does not constrain approved academic research on tobacco conducted for an academic purpose in a controlled laboratory environment.

(E) Definitions

Tobacco products: All tobacco-derived obtaining products, including but not limited to cigarettes (clove, bidis, kreteks), electronic cigarettes or nicotine vaporizers, cigars, cigarillos, hookah smoked products, pipes, oral tobacco (e.g., spit and spitless, smokeless, chew, snuff) and nasal tobacco. It also includes any product intended to mimic tobacco products, contain tobacco flavoring or deliver nicotine other than for the purpose of cessation.

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Certification

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Date

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