

Appendix B to Rule 5101:2-13-13

Handwashing

Handwashing shall occur in a sink that is not used for meal preparation or clean-up and is away from the food serving area.

The provider, child care staff members and employees shall immediately wash hands with liquid soap and running water for at least 15 seconds at the following times:

- Upon arrival for the day, after breaks, when moving from one child care group to another, and upon returning from outside.
- After toileting or assisting a child with toileting.
- After each diaper change or pull-up change.
- After contact with bodily fluids or cleaning up spills or objects contaminated with bodily fluids.
- After taking off disposable gloves.
- After cleaning or sanitizing or using any chemical products.
- After handling pets, pet cages or other pet objects that have come in contact with the pet.
- Before eating, serving or preparing food or bottles or feeding a child.
- Before and after completing a medical procedure or administering medication.

Each child shall immediately wash hands with liquid soap and running water for at least 15 seconds and be assisted as needed:

- Upon arrival for the day.
- When visibly soiled.
- After toileting/diaper change.
- After contact with bodily fluids.
- After returning inside after outdoor play.
- After handling pets, pet cages or other pet objects that have come in contact with the pet before moving on to another activity.
- Before eating or assisting with food preparation.
- After water activities.

Children who are unable to stand by themselves may be given wet paper towels and soap to wash and rinse hands.

Note: Hand sanitizer is permitted to be used by adults in the home after wiping children's noses when a staff member is outside or alone in a room, or is needed in the staff/child ratio and running water is not readily available. Staff must thoroughly wash hands with soap and running water as soon as staff/child ratio allows or upon re-entry to the home. The use of hand sanitizer does not replace the requirement of washing hands with running water and liquid soap.