



## Ohio Administrative Code Rule 3301-32-07 Snack and meal requirements.

Effective: July 1, 2021

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(A) A program shall serve a nutritious snack as defined in rule 3301-32-01 of the Administrative Code to each child in attendance.

(B) The school child program shall develop policies and procedures for providing meals to children who are in attendance at the school child program through the hours of eleven a.m. and one-thirty p.m., inclusively.

(C) Programs that provide meals or snacks shall:

(1) Follow the policies and requirements of the school district, county board of developmental disabilities, community school or eligible nonpublic school. School district, county board of developmental disabilities, community school, or eligible nonpublic school food service personnel must review the program's menus and food preparation practices at least once annually.

(2) Serve varied and nutritious meals and snacks. Menus must be planned on a weekly basis at a minimum and posted in a conspicuous place where they can be reviewed by parents.

(a) The menus are to include all meals and snacks being served by the center with any substitutions noted at the time of the change.

(b) One hundred percent undiluted fruit or vegetable juice may be used to meet the fruit or vegetable requirement for meals or snacks.

(3) Both staff and children shall wash hands before food service. All program personnel involved during food preparation or service shall be trained in sanitary procedures.

(4) Provide for a child's special dietary needs as prescribed by the child's source of medical care or require the parent to provide the prescribed diet items that are not part of the program's menu plan.



(5) Keep in the child's record a list of the allergies suffered by the child in attendance of the program. All program personnel, including those in food service, shall be informed of these allergies.

(6) Provide safe drinking water throughout hours of program operation through a drinking fountain or single service cups. If drinking fountains are used, there is to be sufficient water pressure so that the child's mouth does not come in contact with the water dispensing mechanism.

(7) Serve food that is developmentally appropriate in size, amount and texture

(8) Provide for the safe storage of all food.

(9) Not have screens (television, computer, etc.) on during meals and snacks.

(10) Programs that are sponsors of any of the United States department of agriculture (USDA) child nutrition programs are to additionally comply with the nutritional requirements of the United States department of agriculture, food and nutrition service (Code of Federal Regulations, Title 7, Parts 210 {May 2000}, 220 {May 2000} and 226 {November 1984}).

(D) Programs that allow or require parents to provide food for meals or snacks shall:

(1) Provide parents with written nutritional information and have a copy of this written nutritional information on file at the program.

(2) Have provisions for safe storage of parent provided food.

(3) Ensure that no child goes more than four hours without at least a snack if a child does not bring food for the day.