



Ohio Administrative Code Rule 3773-6-05 Safety and health.

Effective: [March 1, 2026](#)

(A) Prior to participating in the contest, all contestants must pass a physical examination given by a licensed medical doctor or doctor of osteopathic medicine, in accordance with the form prescribed by the commission. Failure to take and successfully pass the physical examination shall disqualify any potential contestant.

(B) All contestants must be examined by the ringside physician after each bout they compete in. Failure to do so will result in immediate suspension from the event and a suspension not to exceed six months.

(C) Any participant(s) age thirty-five and over must show proof of a brain cat scan with contrast or MRI examination taken within the past twelve months, submitted to the Ohio athletic commission office a minimum of seventy-two hours prior to the date of the event. .

(D) All contestants shall be weighed at a time designated by the commission.

(E) There shall be an ambulance and EMT personnel at the premises prior to the start of the event.

(F) If the contest is two calendar days in length, a second physical examination shall be given to the remaining contestants.

(G) Sixteen ounce gloves, with the thumb attached, will be used.

(H) All male contestants shall wear an approved groin protector or the full kidney-groin protector; all female contestants shall wear an approved breast protector. The promoter shall be obligated to provide all protective devices described in this rule.

(I) All contestants are required to wear a mouthpiece during competition. The round cannot begin without the mouthpiece. If the mouthpiece is dislodged during competition, the referee will call time



and have the mouthpiece replaced at the first opportune moment, without interfering with the immediate action. The referee may deduct points if it is judged the mouthpiece is being purposely spit out

(J) Each bout will consist of three sixty second rounds with a sixty second rest period between rounds.

(K) A contestant may not participate in more than two bouts in one evening.

(L) A contestant may not participate in more than four scheduled bouts in a thirty day period.

(M) A contestant who has been disqualified because of eligibility may not participate further in any division of competition and shall be suspended immediately for not more than six months. The previous opponent may be re-instated if they lost by a decision.

(N) For all bouts, consisting of two people, the contestants can be made aware of whom they will fight until the announcer calls them to the ring.

(O) Contestants shall not consume any type of alcohol or drugs. If the referee or any other commission officials detects alcohol on a contestant or second(s) breath, the official shall report to the supervising inspector. The contestant or second(s) shall be disqualified and suspended immediately for not more than six months.

(P) All contestants are subject to the drug testing. Failure to submit to a drug test will result in an immediate suspension of twelve months or failing a drug test will result in contestant being disqualified and placed last in the order of finish and suspended for not more than six months.

(Q) A contestant who loses on a decision may not participate for seven days.

(R) A contestant who is TKO'd shall be immediately suspended for sixty days.

(S) A contestant who is KO'd shall be immediately suspended for one hundred twenty days.



(T) The commission may limit the frequency in which contestant may participate in local events.

(U) All suspensions and rest periods will start the day following the contestant's last day of participation in the event. All suspensions must be appealed in writing to the commission office within fifteen days of notification of suspension.