



Ohio Administrative Code

Rule 5123-6-02 Self-administration or assistance with self-administration of prescribed medication.

Effective: August 13, 2026

(A) Purpose

This rule sets forth the right of an individual who can safely self-administer prescribed medication or receive assistance with self-administration of prescribed medication to do so, establishes procedures for determining whether an individual can safely self-administer or receive assistance with self-administration or is unable to self-administer with or without assistance, and defines parameters for providing assistance with self-administration of prescribed medication.

(B) Right to self-administer or receive assistance with self-administration of prescribed medication

An individual who can safely self-administer prescribed medication or receive assistance with self-administration of prescribed medication has the right to self-administer or receive assistance with self-administration.

(C) Self-administration assessment

- (1) Prior to restricting an individual's right to self-administer prescribed medication, the service and support administrator or qualified intellectual disability professional, as applicable, will ensure the department-approved self-administration assessment is completed for an individual who requires prescribed medication administration.
- (2) Based on the outcome of the self-administration assessment, the individual service plan will document when the individual cannot safely self-administer prescribed medication or receive assistance with self-administration of prescribed medication.
- (3) The service and support administrator or qualified intellectual disability professional, as applicable, will:
 - (a) Review the self-administration assessment annually to confirm the individual's level of support with self-administration;
 - (b) Complete a self-administration assessment when there is a change that affects the individual's medication routine (such as a change in medication route, service setting, service provider, or health status); and
 - (c) Complete a new self-administration assessment at least once every three years.
- (4) Each individual service plan will indicate the results of the self-administration assessment, including:



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- (a) When the individual is able to safely self-administer medication independently;
 - (b) When the individual is able to safely self-administer medication with assistance; and
 - (c) When the individual is not able to successfully self-administer medication with or without assistance and include a statement of how medication administration will be completed.
- (5) When the self-administration assessment indicates an individual cannot safely self-administer prescribed medication or receive assistance with self-administration of prescribed medication:
- (a) Further assessment will be conducted to determine exactly what specific steps of self-administration of medication the individual is able to safely complete. The individual will participate in these steps under the supervision of developmental disabilities personnel who have current certification in health-related activities and prescribed medication administration and have received individual-specific training.
 - (b) The details of the individual's specific abilities and the specific necessary support from licensed or certified personnel to complete medication administration will be noted in the individual service plan.

(D) Providing assistance with self-administration

- (1) Developmental disabilities personnel may, under section 5123.651 of the Revised Code, provide the assistance described in paragraphs (D)(2)(a) to (D)(2)(c) of this rule. To provide assistance with self-administration of prescribed medication, developmental disabilities personnel are not required to be trained or certified in accordance with section 5123.42 of the Revised Code and rules 5123-6-05 and 5123-6-06 of the Administrative Code.
- (2) When assisting in the self-administration of prescribed medication, developmental disabilities personnel will take only the following actions as needed and identified in the individual service plan:
 - (a) Remind an individual when to take the medication and observe the individual to ensure the individual follows the directions on the container;
 - (b) Assist an individual by taking the medication in its container from the area where it is stored, handing the container with the medication in it to the



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individual, and opening the container, if the individual is physically unable to open the container; or

- (c) Assist, on request by or with the consent of, a physically impaired but mentally alert individual, with removal of oral prescribed medication or topical prescribed medication from the container and physically assist with the individual's taking or applying of the medication. If an individual is physically unable to place a dose of oral prescribed medication to the individual's mouth without spilling or dropping it, developmental disabilities personnel may place the dose in another container and place that container to the individual's mouth.
- (3) When an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify the accuracy of medication being taken by the individual on a routine basis unless specified in the individual service plan. When there is reason to question the individual's self-administration skills, a new self-administration assessment will be completed.