



Ohio Administrative Code Rule 5180-37-09 School food services.

Effective: July 1, 2021

- (A) The program shall be in compliance with section 3717.41 of the Revised Code.
- (B) The program is not to allow screen time during meals and snacks.
- (C) The program shall serve snacks and meals to children who attend four or more hours in accordance with all of the following:
- (1) Snacks served shall be of quantity, variety, and quality in accordance with required daily allowance as prescribed by the U.S. department of agriculture meal patterns. If a child requires a modified diet that eliminates an entire food group, written instructions from a physician, physician assistant, clinical nurse specialist or certified nurse are to be obtained. To the extent possible, a family's preferred dietary preferences (i.e. vegetarian, vegan) should be accommodated.
 - (2) Reconstituted dry powdered milk shall be used only for cooking and shall not be used as a beverage.
 - (3) A choice from two of the groups listed below must be served for snack:
 - (a) Meat/meat-equivalent group;
 - (b) Bread/bread-alternatives group;
 - (c) Milk group; or
 - (d) Fruit; or
 - (e) Vegetable group.



(4) Parents may provide snacks and meals if they are provided information on nutritious snack choices and procedures are in place to ensure a child is provided food if a parent does not send snack or lunch for the day.

(5) The snack shall be served during the longest period between meals.

(6) Current menus for the entire week shall be posted in a conspicuous place and shall reflect all meals and snacks to be served by the program. Any substitute foods served shall be from the same basic food group and shall be recorded on the posted menu on the day the substitute food is served.

(D) Programs shall provide infant food and/or formula in accordance with all of the following:

(1) Infant food and/or formula provided by the parent shall be labeled with the child's name, date of preparation, and immediately refrigerated, except for unopened commercially prepared canned food or formula.

(2) If breast milk is provided by the parent or guardian, it shall be labeled with the child's name, date expressed, date of receipt, and shall be immediately refrigerated. Formula provided by the parent shall be labeled with the child's name, the date of receipt, and immediately refrigerated. Breast milk or formula shall not be stored for more than twenty-four hours. The unused portion of formula, breast milk, or food remaining in the container from which the infant has been directly fed shall not be reheated or served a second time and shall be discarded.

(3) Infant food and formula shall be prepared, stored, and served in a manner appropriate to the equipment use and the needs of each individual child according to his stage of development and in conformity with written instruction from the parent or physician in charge of the child.

(4) Breast milk or formula shall not be heated in a microwave oven.

(5) Food heated in a microwave oven shall be stirred or shaken during heating to avoid uneven heating.

(6) Infants shall be held or fed sitting up, and at no time should a bottle be propped.



(7) Programs that care for infants shall provide commercially prepared iron fortified formula to be used in the event that the parent does not provide a quantity of formula sufficient to meet the infant's daily requirement.