



Ohio Administrative Code

Rule 5180:2-9-22 Isolation, seclusion and restraint.

Effective: February 1, 2020

(A) Physical restraint and isolation shall only be used in accordance with written approval of a certified or licensed health care professional and a certified or licensed practitioner of behavioral science.

(B) Physical restraint and isolation shall only be used in emergency circumstances when less restrictive interventions have been determined to be ineffective and only to ensure the immediate physical safety of the child, a staff member or others.

(C) The use of physical restraint and isolation shall be limited to the following emergency situations:

(1) For protection of the child.

(2) To protect another person from a child.

(3) For self protection.

(D) A residential facility shall isolate residents only in accordance with the facility's written policy which has received the prior approval of the Ohio department of job and family services (ODJFS).

(E) Isolation shall only be used by a residential facility with an isolation room approved by ODJFS that meets the requirements of this rule.

(F) Only one child shall be placed in an isolation room at a time.

(G) A child shall not be isolated longer than fifteen continuous minutes without written supervisory approval.



(H) A child shall not be isolated for longer than one continuous hour and no longer than a total of two hours in any twenty-four hour period.

(I) A residential facility shall ensure that isolation is used exclusively for the behavior management of a child who is out of control at the time of isolation.

(J) Any room used for isolation shall be lighted, well-ventilated, and maintained at the same temperature as the rest of the facility. The room shall be at least fifty-six square feet in size, and shall have a ceiling height of at least seven feet, six inches and shall be free of any objects or materials which might be used to inflict self-injury.

(K) Any room used for isolation shall not be used for any other purpose, at any other time.

(L) When a child is placed in isolation, staff shall inform the child of the reason for placing him or her in isolation. Before continuing a child's isolation, staff shall discuss with the child the need for continued isolation. Upon release from isolation, staff shall again discuss with the child the reason for the use of isolation.

(M) Physical restraint and isolation shall only be utilized by staff who have current American red cross, American heart association or equivalent first aid and cardiopulmonary resuscitation (CPR) certification.

(N) When isolation is used, the following procedures shall be followed:

(1) Staff members shall ensure that a child who is placed in isolation is not in possession of any object or material which might be used to inflict self-injury and that only one child is placed in an isolation room at a time.

(2) Staff shall be in auditory contact with an isolated child at all times, and shall make visual observation of an isolated child every five minutes during the period of isolation.

(3) Visual observations as required by this rule shall be documented in an isolation log. The isolation log shall contain:



- (a) The name of the child.
- (b) The time of placement in isolation.
- (c) The reason for the placement in isolation and the discussion of the reason for isolation with the child.
- (d) The chronology of observations including the signature or initials of the staff who placed the child in isolation.
- (e) The written supervisory approval of a child isolated longer than fifteen continuous minutes.
- (f) The written approval of the administrator or designee for continued isolation of a child for any period of isolation longer than thirty minutes.
- (g) The time of removal from isolation.
- (O) No child under the age of six shall be isolated.
- (P) Any restraint techniques used to restrain a child shall be previously approved and listed in the behavioral intervention policy of the residential facility.
- (Q) The physical restraint or isolation shall end when the child becomes calm or when the child's behavior no longer constitutes an emergency.
- (R) Residential facilities that utilize either physical restraint or isolation, or both, shall provide all administrators and child care staff with training in the use of physical restraint or isolation, or both, pursuant to rule 5101:2-9-03 of the Administrative Code.